

TRE® Global Certification Training Program

Outline & Program Details

FOUNDATION MODULES

MODULE 1 (M1)

THEME: Your TRE Practice, "The Art & Science of TRE"

MODULE 2 (M2)

THEME: Teaching 1 Person TRE

MODULE 3 (M3)

THEME: Teaching Group TRE (2 or more people)

INDEPENDANT STUDY

M1 - REQUIREMENTS

4 Personal Supervision
Journaling
Reading
Video & Homework: Modifications
2 Peer Sessions (minimum)
other

M2 & M3 - REQUIREMENTS

4 or more Supervision Sessions
Journaling
Videos & Homework: Modifications
2 Peer Sessions (minimum)
2 Unsupervised one/one sessions - recorded & reviewed (M2)
2 Unsupervised group sessions recorded & reviewed (M3)
Final Competency & Reflections

Other

CLINICS (3 OR MORE)

between Modules (up to 2 hours each) no additional cost, on ZOOM
TRE Business Plan and Marketing (optional FREE)

CERTIFICATION PROGRAM

PREREQUISITE

One TRE session with me or another Certified Provider, proof required

TIME INVESTMENT (ESTIMATED)

40 hours live & online (cohort dependent) M1, M2, M3
20 hours Supervision
20 hours Independent study per module, varies from person to person (some may need more)
10 hours (check in, accountability, supervision, support)
6 hours Monthly Group Shake (3 sessions)
Additional time may be required for some
Average time to complete program 1 year
Program must be completed 2 years post Module 1 completion or training is forfeited

NOTE - READ THIS!!!

Additional Supervision may be required beyond the above mentioned 20 hours and is NOT included in the Financial Investment of \$3700

INTERNATIONAL STUDENTS

cost is based on US\$ and conversion for international exchange calculated at registration

FINANCIAL INVESTMENT

\$3,700 USD
PLUS
\$150 (average) Independent Study Materials (books, videos, not included in tuition)
\$110 TFA site, Listing as a Provider (not included in tuition)
Cost can vary based on additional training needs of student
Full Cost Breakdown provided upon request

PAYMENT METHODS

all major credit cards
Payment Plans available (discussed at the end of Module 1)

DEADLINE TO REGISTER

varies per session

TIME ZONE & LOCATION

All trainings are held in Wisconsin, USA, Central Standard Time (CST)
Training is offered in person and on ZOOM (each cohort is different)

CANCELLATION POLICY

Full refund minus \$150 administration fee 14 days or more before Module 1 start date.
No refund 7 days or less of the Modules start date. After that date, no refund will be issued. Fees will also be deducted from any refund. If an illness or emergency, we will discuss options.

REGISTRATION & QUESTIONS

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Christine Varnavas