



TRE® Global Certification Training Program Module 3

only for those who have completed M1 and M2

Core Curriculum

- Deeper into the sciences that support TRE®
- Learning to teach TRE® to a group
- Group Modification & Interventions
- Containment Strategies for Group
- Group Dynamics
- Fascia
- more

Additional Info

- 15 hours (3 hours 1 day, then 2 days 6 hours each)
- Time between modules is set aside for Supervision and Independent Study and work on advancing knowledge, skills and abilities
- Supervision includes practice teaching a volunteer with Christine as support
- All independent study requirements must be completed within 13 months of start date
- Additional hours from the standard program may be required for certification for some
- If additional training hours are needed, Christine will develop a learning plan with you
- Final Competency is scheduled once all competencies have been met

