

TRE® GCTP 2022 Outline & Requirements

MODULE 1 (M1)

THEME: Your TRE Practice, "The Art & Science of TRE"

MODULE 2 (M2)

THEME: Teaching 1 Person TRE

MODULE 3 (M3)

THEME: Teaching Group – 2 or more people

3 GROUP COHORT MEETINGS

(for those continuing on Provider Certification Track) in between Modules

INDEPENDANT STUDY REQUIREMENTS

M1 - Requirements

4 Personal Supervision
Journaling
Reading
Video & Homework: Modifications #1
2 Peer Sessions (minimum)
other

M2 & M3 - Requirements

4 or more One/One Supervision
Journaling
Videos & Homework
2 Peer Sessions (minimum)
2 Unsupervised one/one sessions - recorded & reviewed
2 Unsupervised Group Sessions recorded, reviewed
Final Competency & Reflections

Other

monthly or bi-monthly TRE Clinics (group shake, up to 2 hours) no additional cost
Your TRE Business Plan, optional FREE

Prerequisite

One TRE session with me or another Certified Provider, proof required

Registration & Questions

email: Christinevarnavas@icloud.com

PROGRAM DETAILS

Time Investment

40 hours online M1, M2, M3
20 hours Supervision
20 hours Independent study per module, varies from person to person (some may need more)
10 hours (check in, accountability, supervision, support)
6 hours Monthly Group Shake (3 sessions)
Additional time may be required for some

NOTE - READ THIS!!!

Additional Supervision required beyond the above mentioned 20 hours
Time Investment is NOT included in the Financial Investment

Financial Investment Module 1 Only

Module 1 Workshop ONLY
\$350 USD
conversion for international exchange calculated at registration

Financial Investment All 3 Modules

\$3,500 USD (paid at registration, need a payment plan, see below)
PLUS
\$150 (average) Independent Study Materials
\$110 TFA site, Listing as a Provider
\$150 Final Competency
Full Cost Breakdown provided upon request

Payment Methods

Personal Check, PayPal, Venmo

Payment Plan Needed?

Please discuss with me

Deadline to Register

varies per session

Time Zone & Location

All trainings are held in Wisconsin Central Standard Time (CST) United States, trainings are held on ZOOM unless noted

Cancellation Policy

Full refund minus \$150 administration fee 14 days or more before Module 1 start date.
No refund 7 days or less of the Modules start date. After that date, no refund will be issued. Fees will also be deducted from any refund. If an illness or emergency, we will discuss options.